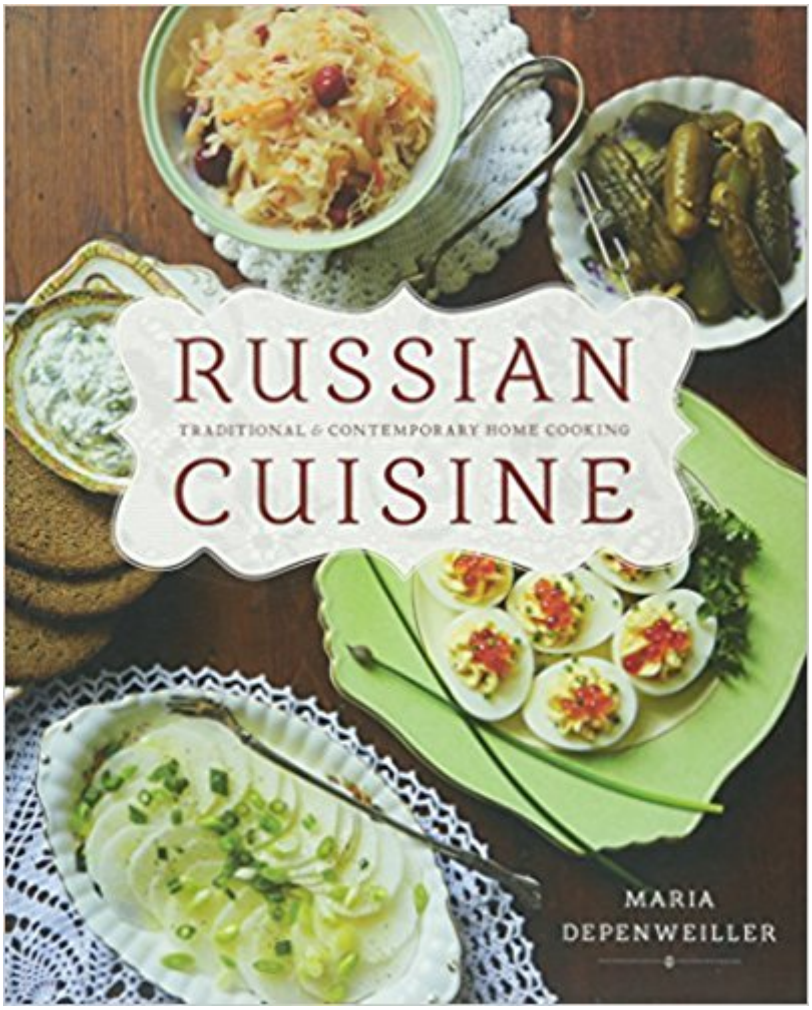
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Russian Cuisine: Traditional And Contemporary Home Cooking



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Synopsis

Discover the fascinating details of Russian history, culture and eating habits and enjoy the tasty delights of the vast country that spans through 11 time zones and brings together more than 180 ethnic groups. Detailing the evolution and development of traditional Russian cooking, this book gives a better understanding of the foods that are now known as classical Russian dishes. Through the words of native Muscovite, Maria Depenweiller, who was born and raised in Moscow before immigrating to Canada, Russian Cuisine: Traditional and Contemporary Home Cooking covers not only Russian cooking methods such as the Russian oven samovar, but also the impact of Russian politics on its food. Discover how: The Soviet Revolution impacted Russian eating habits. Or how the Russian tea drinking tradition got started. Learn about the home cooking of the Russian Empire and try schi and rasstegai. Delight your guests with marvelous assortment of zakuski or ant hill torte from the classical Soviet cuisine. Complete the experience with suggested reading from the literature Russian classics and music accompaniment to match the mood. From table settings, to backyard gardens and pantry items, this book teaches you everything you need to know about Russian food.

Book Information

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Customer Reviews

"Russian Cuisine is a good cookbook but I found it most interesting as a culinary history of Russia. The author discusses the changes in food traditions from the medieval period through to the fall of the Soviet Union. She includes suggestions for music, film and books to enhance the enjoyment of different meals and how to set the table for each. Food related art prints illustrate the changing

attitudes toward meals throughout the history of the country. An entire chapter is devoted to the proper way to make and serve Russian Tea. This book could provide a trip down memory lane for some, and will certainly appeal to those who want to learn more about Russian culture and cuisine."Ã¢â ¬â • eatdrink magazine

Maria Depenweiller is a food writer, recipe developer and a culinary nutrition specialist. She was born and raised in Moscow, Russia. After coming to Canada, she got a degree in Food and Nutrition at Ryerson University and became a professional home economist. Maria is passionate about her Russian heritage and has a particular interest in food history and eating traditions.

I found this book on our local library website and I had to wait over 5 weeks as it was out on loan. Btw, the "cook book" librarian for our county has an eye for "gems" so I new it would be a winner. Actually, the book was for my son; he’s especially fond of Eastern Europe and Russian cuisine. He’s also an artist/painter and appreciates a slick book.After getting the " heads up " I ordered it on which took a while, as my first order was cancelled. Anyway, the art work and photos are stellar, it’s loaded with wonderful recipes, and it’s also a very interesting read. I could go on and on.My son loves " Please to the Table, " and "Mamushka " is good, but this book is still out on his counter. He can’t seem to put it away!

I love it. Absolutely recommended for anyone who loves food ÃƒÂ Ã Å¸Ã â ˆÃ Â•

I am very happy with that russian cookbook

I actually have collected quite a few of the popular recently published Russian cookbooks listed on . This one really stands out and is a pleasure to read as well as for its great recipes. The background, explanations and personal stories are fantastic and the book is both very well done, and a labor of love. Depenweiller (a native Muscovite) has produced a book that is practical, packed with great info, and visually delightful, with great recipes that are clear and easy to follow. Not just touristy dishes, but real practical home cooking with great information on pickling and so on. It’s quickly become my personal favorite, and the first book I turn to when looking up a particular Russian recipe. It’s surprising to me to see that buzz for this book hasn’t taken off to the degree it has for similar recent publications, but hopefully that will change. This one is really a gem, and I’d really encourage people interested in Russian cooking to check it out--I can assure you, you will not be

disappointed.

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